

Princeton Charter School

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FROM THE SCHOOL NURSE

I am looking forward to working with all of you to ensure that this year is a healthy one! While you are preparing for the school year, there are forms and information that the Nurse's Office needs from you prior to the start of the new school year. Below is a list of everything needed. You will need a PDF of any physical exam forms and immunization records to be uploaded online on the next few forms.

(1) Required Medical Forms

- Immunizations: **(required for Kindergarten, 6th Grade, and any new/transfer students)** New Jersey State Law requires that documentation of immunizations or valid medical or religious exemption to vaccines must be provided for every child. These must be received by August 28, 2026 to allow me time to review your child's immunization records to assure compliance with the requirements for school attendance. (Upload pdf online)
- Physical Evaluation: **(required for Kindergarten, 3rd Grade, 6th Grade, and any new/transfer students)** please provide a copy of your child's most recent physical exam. (Upload pdf online)
- Student Health Questionnaire & Consent for the Release of Medical Information. (complete form online.)
- Authorization to administer non-prescribed and over-the-counter medications. (complete form online.)
- Consent for Emergency Medical Treatment & Health Insurance information. (complete form online.)

(2) Other Medical Forms as Needed: Download, complete, and upload all forms that apply to your child.

- Asthma Treatment Plan if your child has asthma.
- Food Allergy & Anaphylaxis Emergency Treatment Plan if your child has allergies.
- Seizure Action Plan if your child has a history of seizures.
- Authorization to administer prescribed medications if applicable (please see below).

School Medication Needs: I encourage parents and guardians to administer all medication at home. However, at times I understand this may not be possible. All medications given at school must be prescribed by a physician and administered by the School Nurse. A written medication authorization form signed by your child's physician as well as by a parent or guardian giving consent for administration is required for medications to be given at school. Medications must be brought to the Nurse's Office in the original pharmacy container labeled with the student's name and details for administration.

School Health Screenings: Annual screenings will be conducted by me throughout the year. The screenings may include height, weight, vision, hearing, blood pressure, and scoliosis. Referrals for any abnormal results will be sent home. If you would like your child to be exempt from any of these screenings, please notify the nurse's office with a written request at the beginning of the year.

Sports Team Physicals and Participation: In accordance with New Jersey State Law, students planning to participate in any sport at the middle school level are required to have an up-to-date physical exam and additional athletic forms completed. The required forms and more information can be found on the school website under athletics as well as on PowerSchool under athletic registration forms. Please note that fall sports forms are due **Monday, August 24.**

Providing all of the required information above will help me to meet your child's health needs while at school and ensure that the NJ state health requirements for school attendance are met. Please inform me as soon as possible of any chronic health conditions, food allergies or medical procedures your child may require during the school day so that I can be prepared on the first day of school to meet your child's needs. Completed forms must be returned by August 24, 2026.

Attendance: If your child will be absent or late, for any reason, please notify the nurse's office (via email or phone) by 8:00 AM on the day of the absence/tardy.

Daily attendance is reviewed by the School Nurse. If your child has been marked absent, and I have not heard from you, I must make every attempt to reach you to confirm your child's whereabouts to ensure that they are safe. Timely notification will help me cut down on unnecessary calls and emails, which take valuable time away from important health office and student needs.

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