

Princeton Charter School - Lunch Menu 2016-2017 (*) Can provide veg option (V) Vegetarian meal

	Week of September 5:	Week of September 12:	Week of September 19:	Week of September 26:
Mon	No School	Ravioli w/meatsauce (*)	Mac & Cheese	Meat Lasgna Rollettes
	Labor Day	Broccoli	Corn	Tossed Salad
		Fresh fruit	Fresh fruit	Fresh fruit
Tue	Teriyaki chicken w/ brown rice	Chicken nuggets	Honey Mustard Chicken	Chicken Parmesan w/ tomato sauce and pasta
	Broccoli	Corn	Brown Rice	String beans
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Wed	Turkey Sub w/cheese	Tex Mex w/ beans, cheese and whole grain chips	Meatball Sub - Two Meatballs, 6"roll, sauce on side	Chicken nuggets
	Whole Grain Chips	Whole Grain Chips	Tossed Salad	French Fries
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Thur	Chicken and cheese quesadilla (*)	Hot dogs (Beef)	Chicken Alfredo w/ pasta (*)	Soft Shell Taco; W/whole grain Chips
	Wholegrain pasta salad	Corn w/cucumber/tomato	Broccoli	Tossed Salad
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Fri	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)
	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit