

## Princeton Charter School - Lunch Menu 2015-2016

(\*) Can provide veg option (V) Vegetarian meal

	Week 1: 5/16-5/20	Week 2: 5/23-5/27	Week 3: 5/30-6/3	Week 4: 6/6-6/10	Week 1: 6/13-6/17
<b>Mon</b>	Wholegrain spaghetti w/ meatballs & tomato sauce (*)	Wholegrain ravioli w/meatsauce (*)	Memorial Day	Wholegrain macaroni and cheese (V)	Veggie lasagna rollatini (V)
	Broccoli	Spinach	No School	Peas and carrots	Baby carrots w/ ranch dressing
	Fresh fruit	Fresh fruit		Fresh fruit	Fresh fruit
<b>Tue</b>	Teriyaki chicken w/ brown rice	Chicken Parmesan w/ tomato sauce and wholegrain pasta	Chicken Alfredo w/ wholegrain pasta (*)	Wholegrain chicken nuggets	Chicken and cheese quesadilla (*)
	Broccoli	Spinach	Broccoli	Tater tots	Wholegrain pasta salad
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
<b>Wed</b>	BLT Wrap	Eggplant Parmesan w tomato sauce & whole grain pasta (V)	Grilled chicken strips	Ham sub OR cheese sub (V)	Wholegrain chicken nuggets
	Coleslaw	Romaine salad w/ cucumber, tomato & balsamic dressing	Brown rice primavera	Corn w/ tomato and cucumber	Tater tots
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
<b>Thur</b>	Sloppy Joe on a wholewheat bun	Wholegrain cheese pizza (V)	Chicken and cheese quesadilla (*)	Tex Mex w/ beans, cheese and whole grain chips	Wholegrain cheese pizza (V)
	Baked fries	Baby carrots w/ ranch dressing	Wholegrain pasta salad	Baby carrots	Baby carrots w/ ranch dressing
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
<b>Fri</b>	Wholegrain cheese pizza (V)	Half day	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	Half day
	Baby carrots w/ ranch dressing	No Lunch	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	No Lunch
	Fresh fruit		Fresh fruit	Fresh fruit	