

Princeton Charter School - Lunch Menu 2014-2015

Princeton Charter School is an equal opportunity provider.

(*) Can provide veg option

(V) Vegetarian meal

	Week 2 - 3/16 - 3/20	Week 3 - 3/23 - 3/27	Week 4 - 4/6 - 4/10	Week 5 - 4/13 - 4/17	Week 1 - 4/19 - 4/24
Monday	Wholegrain ravioli w/meatsauce (*)	Chicken Alfredo w/ wholegrain pasta (*)	Wholegrain macaroni and cheese (V)	Veggie lasagna rollatini (V)	Wholegrain spaghetti w/ meatballs & tomato sauce (*)
	Spinach	Broccoli	Peas and carrots	Baby carrots w/ ranch dressing	Peas and carrots
	Fresh apple	Fresh apple	Fresh apple	Fresh apple	Apple sauce
Tuesday	Chicken Parmesan w/ tomato sauce and wholegrain pasta	Grilled chicken strips	Wholegrain chicken nuggets	Chicken and cheese quesadilla (*)	Teriyaki chicken w/ brown rice
	Spinach	Brown rice primavera	Tater tots	Wholegrain pasta salad	Broccoli
	Fresh pear	Fresh pear	Fresh pear	Fresh pear	Fresh pear
Wednesday	Turkey wrap	Eggplant wrap(V)	Ham and cheese sub (*)	Grilled chicken wrap w/ Provolone cheese	Grilled veggie wrap w/ mozzarella cheese (V)
	Potato salad	Wholegrain macaroni salad	Corn w/ tomato and cucumber	Romaine salad w/ cucumber, tomato & balsamic dressing	Coleslaw
	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
Thursday	Eggplant Parmesan w/ tomato sauce & whole grain pasta (V)	Wholegrain cheese pizza (V)	Tex Mex w/ beans, cheese and whole grain chips	Hamburger on wholewheat bun w/mayo and ketchup	Sloppy Joe on a wholewheat bun
	Romaine salad w/ cucumber, tomato & balsamic dressing	Baby carrots w/ ranch dressing	Baby carrots	Bean salad	Baked fries
	Fresh apple	Fresh orange	Fresh apple	Fresh apple	Fresh apple
Friday	Wholegrain cheese pizza (V)	Half Day	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)
	Baby carrots w/ ranch dressing	N.A.	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing
	Fresh orange	N.A.	Fresh orange	Fresh orange	Fresh orange