

Princeton Charter School - Lunch Menu 2016-2017

(*) Can provide veg option

(V) Vegetarian meal

	Week of January 30:	Week of February 6:	Week of February 13:	Week of February 20:
Mon	Meat Lasgna Rollettes	Penne w/ meatballs & tomato sauce (*)	Ravioli w/meatsauce (*)	No School
	Tossed Salad	Broccoli	Broccoli	President's Day Weekend
	Fresh fruit	Fresh fruit	Fresh fruit	
Tue	Chicken Parmesan w/ tomato sauce and pasta	Teriyaki chicken w/ brown rice	Chicken nuggets	No School
	String beans	Broccoli	Corn	President's Day Weekend
	Fresh fruit	Fresh fruit	Fresh fruit	
Wed	Chicken nuggets	Turkey Sub w/cheese	Tex Mex w/ beans, cheese and whole grain chips	Meatball Sub - Two Meatballs, 6"roll, sauce on side
	French Fries	Whole Grain Chips	Whole Grain Chips	Tossed Salad
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Thur	Wholegrain cheese pizza (V)	Chicken and cheese quesadilla (*)	Wholegrain cheese pizza (V)	Chicken Alfredo w/ pasta (*)
	Baby carrots w/ ranch dressing	Wholegrain pasta salad	Baby carrots w/ ranch dressing	Broccoli
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Fri	Half Day	Wholegrain cheese pizza (V)	No School	Wholegrain cheese pizza (V)
	No Lunch Served	Baby carrots w/ ranch dressing	Faculty Development	Baby carrots w/ ranch dressing
		Fresh fruit		Fresh fruit