

Princeton Charter School - Lunch Menu 2015-2016

(*) Can provide veg option

Princeton Charter School is an equal opportunity provider.

(V) Vegetarian meal

Princeton Charter School es un proveedor y empleador que ofrece igualdad de oportunidades.

	Week 1 - 11/16 - 11/20	Week 2 - 11/23 - 11/25	Week 3 - 11/30 - 12/4	Week 4 - 12/7 - 12/11	Week 5 - 12/14 - 12/18
Monday	Wholegrain spaghetti w/ meatballs & tomato sauce (*)	Wholegrain ravioli w/meatsauce (*)	Chicken Alfredo w/ wholegrain pasta (*)	Wholegrain macaroni and cheese (V)	Veggie lasagna rollatini (V)
	Broccoli	Spinach	Broccoli	Peas and carrots	Baby carrots w/ ranch dressing
	Apple sauce	Fresh apple	Fresh apple	Fresh apple	Fresh apple
Tuesday	Teriyaki chicken w/ brown rice	Wholegrain cheese pizza (V)	Grilled chicken strips	Wholegrain chicken nuggets	Chicken and cheese quesadilla (*)
	Broccoli	Baby carrots w/ ranch dressing	Brown rice primavera	Tater tots	Wholegrain pasta salad
	Fresh pear	Fresh orange	Fresh pear	Fresh pear	Fresh pear
Wednesday	BLT Wrap	Half Day	Eggplant wrap with mozzarella cheese and tomato sauce(V)	Ham sub OR cheese sub (V)	Grilled chicken wrap w/ Provolone cheese
	Coleslaw	Thanksgiving Break	Wholegrain macaroni salad	Corn w/ tomato and cucumber	Romaine salad w/ cucumber, tomato & balsamic dressing
	Fresh fruit salad	No lunch	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
Thursday	Sloppy Joe on a wholewheat bun		Chicken and cheese quesadilla (*)	Tex Mex w/ beans, cheese and whole grain chips	Wholegrain cheese pizza (V)
	Baked fries	Thanksgiving Break	Wholegrain pasta salad	Baby carrots	Baby carrots w/ ranch dressing
	Fresh apple	No lunch	Fresh pear	Fresh apple	Fresh orange
Friday	Wholegrain cheese pizza (V)		Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	Half Day
	Baby carrots w/ ranch dressing	Thanksgiving Break	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	Winter Break
	Fresh orange	No lunch	Fresh orange	Fresh orange	No lunch